

**PRELIMINARY  
PROGRAM**



# **RDBS | 2025**

**ROME-DUBAI BREAST SYMPOSIUM  
& ADVANCED AESTHETIC MEDICINE MEETING**

**18<sup>th</sup> | 19<sup>th</sup> | 20<sup>th</sup>**  
**JUNE 2025**

**A. Roma Lifestyle Hotel**

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# AESTHETIC AND RECONSTRUCTIVE SURGERY

Expert Opinions on Scenarios and Perspectives

3-days deep dive in Aesthetic & Reconstructive Breast Surgery

## SCIENTIFIC DIRECTORS



**Roy de Vita**

Head of Plastic and Reconstructive Surgery Department,  
*Istituto Nazionale dei Tumori di Roma "Regina Elena", Italy*



**Stefano Pompei**

Consultant Plastic and Reconstructive Surgeon  
*Fakeeh University Hospital, Dubai (UAE)*

With 1 day full immersion in

## AESTHETIC MEDICINE

Expert Opinions and Challenges, Scenarios and Perspectives

## SCIENTIFIC DIRECTOR



**Erminio Mastroluca**

Aesthetic Medicine,  
Aesthetic Plastic Surgery  
*Rome, Italy*

Under the patronage of



Associazione Italiana Chirurgia Plastica Estetica

# FACULTY



## William P. Adams

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## Mohamed Al-Bashir

General and Breast Surgery Consultant, Levantine Medical Center, Al-Ain, UAE



## Christoph Andree

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## Yoav Barnea

Head of the Plastic and Reconstructive Surgery Department, Tel-Aviv Medical Center, Israel



## Alexandru Blidaru

General surgeon with specialization in oncologic surgery and gynecology, plastic and reconstructive surgery and medical oncology Bucharest, Romania



## Claudio Botti

Divisione di Chirurgia Senologica, Istituto Nazionale dei Tumori di Roma "Regina Elena", Italy



## Ernesto Maria Buccheri

Plastic Reconstructive and Aesthetic Surgeon, Private practice in Milan and Rome, Italy



## Barbara Cagli

Plastic and Reconstructive Surgeon, University "Campus Bio-Medico" Rome, Italy



## Michelino De Laurentiis

Chair, Department of Breast and Thoracic Oncology, National Cancer Institute "Fondazione Pascale", Naples, Italy



## Fernando Dip

Surgical oncologist specializing in general and endocrine surgery Buenos Aires, Argentina



## Jian Farhadi

Internationally trained plastic and reconstructive surgeon London, UK



## Sonia Fertsch

Senior plastic surgeon at SANA Hospital Düsseldorf Gerresheim, Germany



## Luis Fernando Frascino

Chief of Plastic Surgery Department, Hospital Coração HC-IMC, San Jose de Rio Preto, Brasil



## Per Heden

Pioneering Swedish plastic surgeon who founded one of Europe's largest private plastic surgery hospital groups Stockholm, Sweden



## Rebeka Held

Private plastic surgeon Zagreb, Croatia



## Radu Ionescu

Plastic surgeon Bucharest, Romania



## Agnieszka Kolacinska-Wow

Breast Cancer Unit, Cancer Center, Medical University of Lodz, MML Clinic Warsaw, Poland



## Yaroslav Krupa

Consultant Oncoplastic Breast Surgeon Warsaw, Poland



## Patrick Mallucci

Full time private practice in Plastic Surgery, Mallucci London, UK



## Jose Jaime Masia Ayala

Renowned specialist in Plastic, Reconstructive, and Aesthetic Surgery Barcelona, Spain



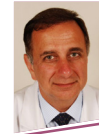
## Josè Mendes Junior

Owner of the Clinica de Cirurgia Plástica de Sorocaba São Paulo, Brasil



## Paolo Montemurro

Consultant Plastic Surgeon, Akademikliniken, Stockholm, Sweden and "Clinica Isber", Varese, Italy



## Fabio Naccache

Plastic surgeon at Hospital Sirio Libanês São Paulo, Brazil



## Nahid Nafissi

Oncoplastic Breast Surgeon, Associate Professor, Iran University of Medical Sciences, Tehran, Iran



## Maurice Y. Nahabedian

National Center for Plastic Surgery McLean, VA



## Maurizio Bruno Nava

Associate Professor and Specialist in Oncology, General Surgery and Plastic Reconstructive and Aesthetic Surgery, Milano and Genoa, Italy



## Burcu Gelet Ozden

Plastic surgeon specializing in breast and chest wall reconstruction Istanbul, Turkey



## Gemma Pons

Board-certified plastic surgeon and Head of the Microsurgery Unit at Hospital de Sant Pau Barcelona, Spain



## Alberto Rancati

Ambulatory Plastic Surgery Center, Buenos Aires, Argentina



## Charles Randquist

Private Practice Specialist in Aesthetic and Plastic Surgery, Victoriakliniken, Stockholm, Sweden



## Gino Rigotti

Reconstructive and Aesthetic Plastic Surgery, Verona, Italy



## Nicola Rocco

Breast Surgeon, Breast Unit, Università degli Studi di Napoli Federico II Naples, Italy



## Sarfati Benjamin

Plastic surgeon specializing in breast oncologic and reconstructive surgery Paris, France



## Serife Simsek

Breast Surgeon, Fakeeh University Hospital, Dubai, UAE



## Andrii Zhygulin

Surgical oncologist, oncoplastic and reconstructive surgeon, LISOD, Israeli Oncological Hospital, Kiev, Ukraine



## Giovanni Zoccali

Plastic Reconstructive and Aesthetic Surgery Rome, Italy

08:20 - 08:30

## CONGRESS OPENING



08:30 - 09:15

### VIDEO SESSION 1

**Augmentation/mastopexy: measurements and marking techniques**

*Patrick Mallucci | Alberto Rancati | Charles Randquist | Radu Ionescu*



09:15 - 10:00

### SESSION 2

**Subpectoral approach in the Prepec Era: considerations and indications**

*Nicola Rocco | Stefano Pompei | Burcu Çelet Özden | Nahid Nafissi*

10:00 - 10:30

Coffee break



10:30 - 11:15

### SESSION 3

**Breast implants between data, myths and urban legends**

*William Adams | Radu Ionescu | Patrick Mallucci | Jian Farhadi*



11:15 - 12:00

### SESSION 4

**ADM, meshes or nothing else in implant based BR?**

*Maurice Y. Nahabedian | Roy de Vita | Yoav Barnea*



12:00 - 12:45

### SESSION 5

**Achieving upper pole fullness in augmentation and mastopexy-augmentation: suggestions and techniques**

*Per Heden | Luiz Fernando Frascino | Maurizio Nava*

12:45 - 13:45

Lunch



13:45 - 14:30

### SESSION 6

**The key points to reduce ischemic complications in NSM**

*Fernando Daniel Dip | Alexandru Blidaru | Mohamed Al-Bashir | Claudio Botti*



14:30 - 15:15

### VIDEO SESSION 2

**Breast conserving therapy: advanced oncoplastic surgery options and outcomes in different quadrants**

*Andrii Valentynovych Zhygulin | Maurizio Nava | Burcu Çelet Özden | Jaroslaw Krupa*

15:15 - 15:45

Coffee break



15:45 - 16:30

### SESSION 8

**Different quality of breast tissues. How to achieve implant stability with different devices and techniques**

*William Adams | Per Heden | Burcu Çelet Özden*

16:30 - 16:45

End of DAY 1



08:30 - 09:15

## SESSION 9

**The current role of implants in breast conserving surgery**

*Yoav Barnea | Nahid Nafissi | Nicola Rocco*



09:15 - 10:00

## SESSION 10

**Breast augmentation in patient with breast or chest wall asymmetries**

*Rebeka Held | Luiz Fernando Frascino | Paolo Montemurro*

10:00 - 10:30

Coffee break



10:30 - 11:15

## SESSION 11

**NSM vs SSM in large breast and overweight patients: strategies to prevent complications**

*Jian Farhadi | Gemma Pons | Jaroslaw Krupa / Alexandru Blidaru*

11:15 - 12:00



## SPONSORED SESSION

**The actual impact of grafting and fat banking in breast reconstruction**



12:00 - 12:45

## VIDEO SESSION 3

**IMF positioning and fixation: points of view and tips**

*Patrick Mallucci | Burcu Çelet Özden | Per Heden*

12:45 - 13:45

Lunch



13:45 - 14:30

## SESSION 13

**The evolution of autologous breast reconstruction: what we did change in the last 10 years in our practice**

*Maurice Y. Nahabedian | Jaume Masià | Giovanni Zoccali | Christoph Andree*



14:30 - 15:15

## SESSION 14

**Mesh use in primary and revision mastopexy with or without implants**

*Sonia Fertsch | Stefano Pompei | Maurice Y. Nahabedian | Ernesto Buccheri*

15:15 - 15:45

Coffee break



15:45 - 16:30

## SESSION 15

**Choosing between DTI and two-stage reconstruction: considerations and decision-making**

*Barbara Cagli | Agnieszka Kolacinska-Wow | Maurizio Nava | Gemma Pons*



16:30 - 17:15

## SESSION 16

**Preventive approaches and treatment for “problems & deformities”:**

- **Double bubble** *Sonia Fertsch*
- **Waterfall** *Yoav Barnea*
- **Rippling** *Rebeka Held*
- **Nipple sensation** *Alberto Rancati*

16:30 - 16:45

End of DAY 2



08:30 - 09:15

**VIDEO SESSION 4**

**Techniques to optimize outcomes and reduce risks in SRM**

*Agnieszka Kolacinska-Wow | Mohamed Al-Bashir | Roy de Vita*



09:15 - 10:00

**SESSION 18**

**Capsular contracture 2025 in aesthetic breast surgery: implant selection, surfaces and prevention methods**

*William Adams | Paolo Montemurro | Radu Ionescu*



10:00 - 10:45

**SESSION 19**

**The autologous flaps alternative to DIEP. Our current guidelines in relation to morbidity and outcomes**

*Christoph Andree | Jaume Masià | Giovanni Zoccali*

10:45 - 11:15

**Coffee break**



11:15 - 12:00

**SESSION 20**

**Preventing or minimizing lower pole stretch after breast Augmentation**

*Christoph Andree | Alberto Rancati | Gemma Pons*



12:00 - 12:45

**SESSION 21**

**Prophylactic treatment: perspectives and approaches from breast surgeons and plastic surgeons**

*Serife Simsek | Fernando Daniel Dip | Benjamin Sarfati | Jian Farhadi*

12:45 - 13:45

**Lunch**

**SPECIAL FORMATIVE SESSIONS FOR YOUNG GENERATION OF UPCOMING SURGEONS**

13:45 - 14:21

**MARKETING APPROACH**

**The first consultaion** *Jaume Masià*

**The social media** *Rebeka Held*

DISCUSSION

14:21 - 15:09

**HOW TO CHOOSE THE RIGHT IMPLANT**

**Round VS Anatomical** *Roy de Vita*

**Anatomical VS Round** *Radu Ionescu*

DISCUSSION

15:10 - 15:40

**Coffee break**

15:40 - 16:16

**SURGERY & SAFETY**

**What does it mean "safety" in Plastic Surgery** *William Adams*

**What you don't do as young surgeon** *Patrick Mallucci*

DISCUSSION

14:21 - 15:09

**AUGMENTATION MASTOPEXY**

**Common errors to be avoided** *Yoav Barnea*

**How to maintain stable results over time** *Stefano Pompei*

DISCUSSION

17:15 - 17:30

**End of DAY 3**

## LIPS

9:00 - 9:20

Opening remarks: LIPS

9:20 - 9:30

Vertical technique

9:30 - 9:40

Horizontal technique

9:40 - 9:50

Mixed technique

9:50 - 10:00

Male lips

10:00 - 10:10

Hyaluronidase

10:10 - 10:20

Removal of permanent fillers

10:20 - 10:20

Discussion

10:30 **COFFEE BREAK**

11:00 - 11:20

LIVE INJECTION VERTICAL

11:20 - 11:40

LIVE INJECTION HORIZONTAL

11:40 - 12:00

LIVE INJECTION MALE

12:00 - 12:20

LIVE INJECTION HYALURONIDASE

12:20 - 12:40

Discussion

12:50 - 14:00 **LUNCH**

## RHINOFILLER

14:00 - 14:10

Nose: anatomy and profilometry

14:10 - 14:20

Infiltration techniques

14:20 - 14:30

Dorsum, hump reduction and tip lift

14:30 - 14:40

Nose correction using threads

14:50 - 15:10

LIVE INJECTION THREADS

14:50 - 15:10

LIVE INJECTION HYALURONIC ACID

15:30 - 15:50

LIVE INJECTION POLYCAPROLACTONE

15:50 - 16:30 **COFFEE STATION**

## BODY

16:00 - 16:10

Buttocks with Hyaluronic Acid

16:10 - 16:20

Buttocks with Polylactic Acid

16:20 - 16:30

Buttocks with Threads

16:30 - 16:40

Body skin laxity

16:40 - 16:50

Body endolift

16:50 - 17:00

Laser scars for breast surgery

17:00 - 17:20

LIVE INJECTION POLYLACTIC ACID

17:20 - 17:40

LIVE INJECTION HYALURONIC ACID

17:40 - 18:00

LIVE INJECTION THREADS

18:00 - 18:20

LIVE INJECTION PROFILE

18:20 - 18:30

LIVE CO2

18:30

Closing Remarks



[www.romedubaibreast.com](http://www.romedubaibreast.com)

contact us [hello@romedubaibreast.com](mailto:hello@romedubaibreast.com)

## VENUE

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